

## Regression Expectations

### Past Life Regression Training Institute & IAPPLRT

*Please print out these pages. After signing and dating these forms, bring them with you to your session.*

During a regression your body is in a state of relaxation/sleep and your mind is awake and alert. Think of when you are in bed just before falling asleep, completely engulfed in thought, unaware of your external environment, this is what it feels like to be regressed.

Everyone experiences a past life regression in their own way. Frequently, people experiencing a regression for the first time think they have "made up" their experience while in hypnosis or feel they have imagined all of it. But then little things will begin to happen that slowly provide validation to what you experienced. Dates and names from your past lifetime can be traced back in history for validation.

To get the most from your past life regression, keep an open mind and don't analyze your experience during the hypnosis session. You will have plenty of time for that later. Simply let the information flow into your mind without questioning it.

Most people have experienced clues as to their prior incarnations. Are you drawn to a particular country, people or a specific time period, like the Civil War? If the Egyptian architecture attracts your interest you may have lived in Ancient Egypt.

The same is true if you feel negative about a nationality, a place or historic time period. Your soul's experience may not have been to your liking. You may still feel the emotions of love, hate, rejection, or any other emotion that relates to a past life. These are called past life "carryovers" and they can directly relate to the life you are now living. Any strong affinity or aversion is a clue.

When you are instructed to step through the light into a past lifetime you may experience one of several different reactions.

- 1.You may see yourself quite clearly.
- 2.You may find yourself in your body at that time, sensing everything as if you were reliving it.

3.You may see quick impressions and understand what they mean to you.

4.You may only seem to "know" without seeing.

5.You may not see anything, but feel as if someone is telling you what is happening.

Regardless of your initial reaction upon entering your own past, you will need to answer the questions as they are asked. As the regression progresses, you will find the impressions become stronger; the more you verbalize the more detail will become apparent.

If you actively analyze the process while in session, you will only retard the impressions. Your mind is on a journey through your soul's experience of lifetimes. Let it travel freely. Analysis can wait until your session is finished, after you have collected all the data.

You are more integrated with your past lives than you think.

Regression allows you to touch your soul's pool of knowledge.

## **disclosure form**

### **Waiver of Liability**

By their signature below, the above named client voluntarily agrees to be the subject of a hypnosis session and accepts full responsibility for any and all injury arising from the hypnosis session. The client shall hold harmless all parties involved in the hypnosis session including IAPPLRT.org, Past Life Regression Training Institute, administrators, founders, directors, and assistants.

### **Disclaimer**

The hypnotherapist is neither a trained psychologist nor a medical doctor. At no time will the hypnotherapist attempt to provide medical or mental health therapy. The client affirms that hypnotherapy is appropriate for them and does not conflict with existing medical or psychiatric treatment. Always follow the advice of your doctor or other professional medical practitioner.

## **Warranty**

No warranty is given, expressed or implied, for satisfactory results from the hypnosis session.

## **Audio Recording**

All personal services are audio recorded, at no charge, as a free service to the client. We do not guarantee that the tape will be audible, fully intact or usable. We will not be responsible for nor issue refunds for defective or damaged tapes. Recordings of sessions are kept in the strictest of confidence and are used for future reference and study. Written excerpts may be used in part or in whole for public use with the guarantee that the identity of the client will be kept confidential.

## **Methods Used**

The Regression Facilitator employs regression hypnosis techniques to facilitate the client's quest for self-improvement. Specific techniques may include: Spiritual Philosophy, Body Relaxation, Directed Meditation, Age Regression, Cell Memory Theory, Quantum Healing Hypnotherapy, The Divine Connection Method, Future Progression, Past-Life Regression and Behavior Modification.

## **Training and Education**

Past Life Regression training has been certified by Dr. Brian Weiss MD, Dolores Cannon and The Past Life Regression Training Institute,

## **refund policy**

The services provided by Past Life Regression Training Institute, Soul Therapy International are highly speculative in nature, and we do not guarantee that the results of our work will be satisfactory to a client. We reserve the right to refuse service to anyone. Full refunds are available if, and only if: Deborah Skye King cancels or changes the appointment, which is not acceptable to the client, or; An incomplete service is defined as: A hypnotist feels unable to effectively deal with the client's personality or problems to be resolved, or; A hypnotist is unwilling to continue working with a client for personal or conflict of interest reasons, or; Clients present themselves unprofessionally or in a manner that is unsafe to the well being of the hypnotist, staff, or the general public. A service is fully completed when: A personal hypnosis session has gone on for thirty minutes.

Non-Refundable: No refund is given to any client who does not show or is late for their scheduled appointment. I understand and accept these policies and agree to abide by the specifics set forth by IAPPLRT, Past Life Regression Training Institute and Soul Therapy International.

**Signature required below**

I the client have read and fully understand the above disclosure form

Signed By: \_\_\_\_\_ Date: \_\_\_\_\_

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